



volunteering information service  
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CAVAN



## **MARCH 2017 UPDATE**

Noted below is a small selection of the Volunteer Opportunities available for March and information on Training available for 2017. To view more visit our Website at [www.volunteercavan.ie](http://www.volunteercavan.ie)

**PLEASE NOTE: ALL VOLUNTEER OPPORTUNITIES NEED TO BE APPLIED FOR THROUGH THE CAVAN VIS WEBSITE [WWW.VOLUNTEERCAVAN.IE](http://WWW.VOLUNTEERCAVAN.IE)**

Alternatively you can contact our office and we can register your details for you. [info@volunteercavan.ie](mailto:info@volunteercavan.ie) or phone/text 087 097 6402

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### **VOLUNTEER OPPORTUNITIES AVAILABLE – MARCH 2017**

#### **BIG BROTHER BIG SISTER PROGRAMME CAVAN**

##### **VACANCY: VOLUNTEER YOUTH MENTOR**

Volunteer will share hobbies and interests to make a positive difference in the life of young people. This is a monitoring Programme that forms friendships between adult Volunteers and young person.

**Days & hours per Week: Monday – Sunday afternoons and evenings (2 hours per Week)**

**TEMPLEPORT SOCIAL SERVICES, BAWNBOY, CO CAVAN** - **Volunteers required** to help at Day Care Centre 4-8 hours every 3 weeks.

#### **HOME CARE ANGELS CAVAN**

##### **VACANCY: FUND RAISING CO-ORDINATOR**

Responsibilities: Motivating and facilitating supporters to maximise the funds they raise and inspiring new supporters to raise money, while maintaining and developing relationships with existing supports; organising traditional activities.



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## MUINTIR NA TIRE COMMUNITY ALERT

### VACANCY: CRIME PREVENTION AMBASSADOR

The Volunteer will visit a minimum of 6 older people to deliver crime prevention packs. Volunteer will work in pairs and will not be expected to visit anyone alone. Once off Volunteering opportunity to be carried out in a 2 month time frame.

**Days and hours per Week: Monday – Sunday afternoons and evenings.**

**CAVAN SOCIAL SERVICES, CATHEDRAL ROAD, CAVAN** - **Volunteers required** to come, help and join in activities for the active retired, gentle exercise, Tai Chi, Dancing, Crafts, Whist and the delivery of Meals on Wheels twice a week.

## IRISH HEART, CORLURGAN BUSINESS PARK, BALLINAGH RD, CAVAN



This organisation supports stroke survivors through activities and Social

Events. They require a '**Volunteer Driver**' **Hours:** 2 hours weekly (Thursday mornings)

**'Happy Heart Collectors'** [The Happy Heart Appeal](#) is Irish Heart's annual flagship day that consists of fundraising collections and pin sales at various locations throughout Ireland. This year's Happy Heart Appeal takes place on Friday, 12th May at locations throughout the county. We are currently recruiting volunteer helpers to assist us. We are asking that you give **two hours or more** on the day by supporting us to fundraise by selling 'happy heart' badges/pins'. We will place you at a convenient location in your area as approved by Irish Heart.

### Specific Duties include:

- Selling pins on behalf of Irish Heart at an agreed location that suits you for two or more hours on 12th May 2017.
- Greet and thank any member of the public who makes a donation to Irish Heart.



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- Greet and thank any member of the public who makes a donation to Irish Heart.

**Locations of volunteering opportunity:** Cavan Town, Virginia, Ballyjamesduff and Bailieborough

**Happy Heart Collectors Coordinator Specific Duties include:**



- Recruit and manage a team of volunteers to sell Happy Heart merchandise in Cavan for the Happy Heart Appeal 12th May 2017.
- Distribute Happy Heart boxes around to your local shops and businesses.
- Recruit and liaise with transition year teachers and students to help with the collections
- Order stock and materials for the Happy Heart Helpers and deliver in person prior to the event

**Locations:** Cavan Town, Virginia, Ballyjamesduff & Bailieborough **Hours required:** 10hrs Once off

**CAVAN SCHOOL COMPLETION PROGRAMME CAVAN**

**VACANCY: HOMEWORK CLUB SUPPORT**

Volunteer will be involved in a homework Club for primary students, checking homework and engaging with early finishers. Minimum Contract - 6 Months

**Days :** Tuesday, Wednesday & Thursday Afternoons **Hours per Week: 6 Hours**

**JAMPA LING TIBETAN BUDDHIST CENTRE, BAWNBOY, CO CAVAN**

**Volunteers required for the following opportunities: Gardener & Housekeeper**



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### CAVAN COMMUNITY RESPONDERS CAVAN

#### VACANCY: TO BE ON CALL FOR MEDICAL EMERGENCIES

**Volunteers required to** be on call for any medical emergency in their local parish town and to respond and help with equipment while an ambulance is on the way. You will have the opportunity to avail of an initial 3 hour course in the use of the equipment plus ongoing training every month for 2 hours or fortnight for one hour. Training will also be given in the use of Defibrillators and responding alongside the ambulance services to medical emergencies in all local communities. **Days and Hours: Flexible**

### SCOUTING IRELAND looking for Volunteer Scouting Leaders

#### Hours per week (2 hours)

We are looking for adult volunteers to help develop children and young people (aged 6 and over), in their area through scouting activities.

**VISIT OUR WEBSITE AND REGISTER:** [WWW.VOLUNTEERCAVAN.IE](http://WWW.VOLUNTEERCAVAN.IE)



**NB.** Please let Maria (VIS Coordinator) know if you have found a successful placement with one of our registered organisations Contact:

087 097 6402 or by Email: [info@volunteercavan.ie](mailto:info@volunteercavan.ie).

**PLEASE NOTE THAT ALL VACANCIES HAVE TO BE APPLIED FOR THROUGH THE CAVAN VOLUNTEERING INFORMATION SERVICE (VIS)WEBSITE**  
[WWW.VOLUNTEERCAVAN.IE](http://WWW.VOLUNTEERCAVAN.IE)