



volunteering information service

Seirbhís agus eolas obair dheonach

CAVAN



JULY 2017 UPDATE

Noted below is a small selection of the Volunteer Opportunities available for July 2017.

PLEASE NOTE ALL VOLUNTEER OPPORTUNITIES NEED TO BE APPLIED FOR THROUGH THE CAVAN VOLUNTEERING INFORMATION SERVICE (VIS) WEBSITE **WWW.VOLUNTEERCAVAN.IE**

OR

YOU CAN APPLY BY CLICKING ON THE LINK BELOW EACH OPPORTUNITY. *(if you are having difficulty opening it, right click on the link and 'opening hyperlink')* Alternatively you can contact our office and we can register your details for you: **Email: info@volunteercavan.ie or phone / text 087 097 6402**

VOLUNTEER OPPORTUNITIES AVAILABLE – JULY 2017

FAILTE ISTEACH - FOSTERING SHARED COMMUNITIES PROJECT



Volunteers required for proposed Fáilte Isteach programme to commence in Cavan town and Ballyjamesduff from September 2017

Fáilte Isteach is a community project involving volunteers welcoming migrants through conversational English classes. The project provides the necessary language skills to new migrants in a student-centred, welcoming and inclusive manner while involving older volunteers and recognising their skills, expertise and contribution to the community.

We hope to run the programme in **Cavan Town** on a Wednesday morning between 10am and 12 noon. We expect to have 15 participants and 10 - 15 volunteers. We plan to have the programme operational from mid to late September 2017.

We hope to run the programme in **Ballyjamesduff** on a Thursday morning between 10am and 12 noon. We expect to have 15 participants and 10 - 15 volunteers. We also plan to have this programme operational from mid to late September 2017.

The workshops will run in conjunction with the school term dates. Workshops will run once a week (morning) for two hours. (days/times to be confirmed) <http://bit.ly/2tzzULM>



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TASTE OF CAVAN

Volunteers needed to assist with stewarding, ticket booth, food court, tidying up, assisting the public with directions, helping in the children's area etc. at Taste of Cavan, Cavan Equestrian Centre. Volunteer must be good with people and have initiative. 6 hours daily Friday and Saturday.

<http://bit.ly/2sYoM9U>

CAVAN DOWN SYNDROME BRANCH are the nominated charity for this year's Taste of Cavan 2017 event.

We are looking for Volunteers to help us at the Taste of Cavan Event in Cavan Equestrian Centre on Friday 11th August and Saturday 12 August. We have to supply a total of 10 volunteers for each day. The days will be split into two shifts - 5 Volunteers per shift. Friday morning 10.30- 3.30 and Friday afternoon 3.30-9.00 and then Saturday morning 9.30-2.30 pm and Saturday afternoon 2.30-7.00pm . For further details contact our chairperson Michael Gormley on 0867945953. <http://bit.ly/2h3mvpp>

IRISH WHEELCHAIR ASSOCIATION CAVAN

- a) **Volunteer Drivers** required to collect Service Users from homes and bring to day centre, also dropping home. Bus escorts to accompany drivers on collections and drop offs. Need to be able to commit to weekly schedule. All training provided <http://bit.ly/2tKSRvd>
- b) **Volunteer Hairdresser and Manicurist needed on the following proposed days Mondays and Tuesdays 11.30am and 12.30am or 2pm and 3pm.** Must have experience in hairdressing and manicuring and must enjoy meeting and working with people. Contact the Cavan VIS on 086 038 7236

IRISH HEART FOUNDATION

- c) **Volunteer Driver required every Thursday 10am-2pm to drive attendants to Stroke Support Group in Tullacmongan, Cavan.** In particular a volunteer driver to transport attendee from Swanlinbar, even if only one way. Contact the Cavan VIS on 086 038 7236

FAIRGREEN GARDENS CAVAN

Volunteers required to assist with gardening and conservation. An interest in gardening and learning new skills would be great. 3 hours per week. Over 15ys please. <http://bit.ly/2tWmGVr>

CAVAN SPORTS PARTNERSHIP

Volunteers needed to help at GAA Camp at Laragh GFC, Stradone, Co. Cavan on Monday 21st August 2017 and Tuesday 22nd August, 2017 from 10.30am -1.30pm. Volunteers must be interested in working with children, particularly children with disabilities. Previous experience would be great but not essential. Must be interested in sport. <http://bit.ly/2gQkNrp>



GAA CAMP FOR ALL

Day camp for kids aged 6 to 15 years with a disability



Dates: Monday 21st August & Tuesday 22nd August 2017

Time: 10.30a.m. – 1.30p.m

Venue: Laragh GFC, Stradone, Co. Cavan*

*parents must stay on-site for duration of the camp.
Bring packed lunch

Cost: €25 per child and includes free kit and bag

Book now: call Dean McElroy on 087-2623956 / 049-4378582 or email dmcelroy@cavancoco.ie to book your child's place.
Pre- registration Essential. Booking Deadline July 27th

A joint initiative between Cavan Sports Partnership, Cavan GAA and the HSE.



CAVAN ALZHEIMER SOCIETY

Volunteers needed to assist in “Forget me Not Café”. This is a safe comfortable environment where clients and their families come to socialise. Volunteer must be personable. Last Wednesday of every month from 11am to 12.30am in Castlemanor Community Centre Cavan. Over 18 please.

<http://bit.ly/2t2fU3R>

CAVAN CITIZENS INFORMATION SERVICE

Volunteer Information Providers: required to provide advice, information and support to the public for Cavan Citizens Information Service. 4 hours per week. Over 18 please.

<http://bit.ly/2tW47Av>



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BELTURBET COMMUNITY DEVELOPMENT ASSOCIATION

Volunteers needed to assist with promoting activities within the Railway Station complex

Belturbet . Giving tours and promoting by contact with active age groups and school associations.

Monday – Saturday daily. <http://bit.ly/2tBlg35>

BELTURBET DRAMA SOCIETY

Volunteer required to assist with Youth Drama while also working with Trainers and Supervisors.

(3 times per week) Over 18 please. <http://bit.ly/2q2eWSG>

BIG BROTHER BIG SISTER PROGRAMME CAVAN

VACANCY: VOLUNTEER YOUTH MENTOR

Volunteer will share hobbies and interests to make a positive difference in the life of young people. This is a monitoring Programme that forms friendships between adult Volunteers and young person. **Days & hours**

per Week: Monday – Sunday afternoons and evenings (2 hours per Week) <http://bit.ly/2qZA1uu>

*Volunteering as a big brother or big sister
is a wonderful opportunity to make a positive difference
in a young person's life in a simple yet powerful way.*

TEMPLEPORT SOCIAL SERVICES, BAWNBOY, CO CAVAN - **Volunteers required** to help at Day

Care Centre 4-8 hours every 3 weeks. <http://bit.ly/2r1rs2Y>

CAVAN SOCIAL SERVICES, CATHEDRAL ROAD, CAVAN - **Volunteers required** to come, help and join in activities for the active retired, gentle exercise, Tai Chi, Dancing, Crafts, Whist and the delivery of Meals on Wheels twice a week. <http://bit.ly/2q5B7FM>





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HOME CARE ANGELS CAVAN

VACANCY: FUND RAISING CO-ORDINATOR

Responsibilities: Motivating and facilitating supporters to maximise the funds they raise and inspiring new supporters to raise money, while maintaining and developing relationships with existing supports; organising traditional activities. <http://bit.ly/2q31j66>

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by contacting us. We are available to take your advanced booking NOW.

Home care Angels Cavan. (Caring for seniors and their carers)



MUINTIR NA TIRE COMMUNITY ALERT

VACANCY: CRIME PREVENTION AMBASSADOR

The Volunteer will visit a minimum of 6 older people to deliver crime prevention packs. Volunteer will work in pairs and will not be expected to visit anyone alone. Once off Volunteering opportunity to be carried out in a 2 month time frame. **Days and hours per Week: Monday – Sunday afternoons and evenings.**

<http://bit.ly/2fSfv9l>

CAVAN SCHOOL COMPLETION PROGRAMME CAVAN

VACANCY: HOMEWORK CLUB SUPPORT

Volunteer will be involved in a homework Club for primary students, checking homework and engaging with early finishers. Minimum Contract - 6 Months - **Days** :Tuesday, Wednesday & Thursday Afternoons **Hours per Week: 6 Hours.** <http://bit.ly/2r1BsJC>

CAVAN COMMUNITY RESPONDERS CAVAN

VACANCY: TO BE ON CALL FOR MEDICAL EMERGENCIES

Volunteers required to be on call for any medical emergency in their local parish town and to respond and help with equipment while an ambulance is on the way. You will have the opportunity to avail of an initial 3 hour course in the use of the equipment plus ongoing training every month for 2 hours or fortnight for one hour. Training will also be given in the use of Defibrillators and responding alongside the ambulance services to medical emergencies. **Days and Hours: Flexible** <http://bit.ly/2r1zmtk>

STEEPLES ESTATE CAVAN

VACANCY: MAINTENANCE

Volunteers required to help maintain street areas. Duties will include sweeping, weeding, cutting grass and planting. **DAYS & HOURS:** Summer months. Monday-Saturday mornings inclusive. <http://bit.ly/2q3eJih>

NB. **PLEASE REMEMBER TO THANK YOUR VOLUNTEERS FOR THEIR TIME AND**
also to let Maria (VIS Coordinator) know if you have found a successful
placement with one of our registered organisations by **Contacting: 087 097 6402**
or by Email: info@volunteercavan.ie. Visit our Website: **www.volunteercavan.ie**

