



volunteering information service

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CAVAN



## SEPT 2017 UPDATE

***Noted below is a small selection of the 'Volunteer Opportunities' available for Sept 2017.***

**PLEASE NOTE** ALL VOLUNTEER OPPORTUNITIES NEED TO BE APPLIED FOR THROUGH THE CAVAN VOLUNTEERING INFORMATION SERVICE (VIS) WEBSITE [WWW.VOLUNTEERCAVAN.IE](http://WWW.VOLUNTEERCAVAN.IE)

**OR**

YOU CAN APPLY BY CLICKING ON THE **LINK** BELOW EACH OPPORTUNITY. (*If you are having difficulty opening it, right click on the link and 'opening hyperlink'*) Alternatively, you can contact our office and we can register your details for you: Email: [info@volunteercavan.ie](mailto:info@volunteercavan.ie) or phone/text 087 097 6402

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### VOLUNTEER OPPORTUNITIES AVAILABLE - SEPTEMBER 2017

#### **KILLESHANDRA FOCUS FAMILY RESOURCE CENTRE**

Is seeking volunteers to help out with their Charity Shop. Volunteers will get the opportunity to gain experience working in a charity shop and spend time with people and help out a valuable local organisation. <http://bit.ly/2f06ahq>

#### **CUAN – CANCER SOCIAL SUPPORT & WELLNESS GROUP**

CUAN require a volunteer to **welcome and direct clients** towards appropriate information and supports. Hours: 3 weekly (flexible) <http://bit.ly/2fa4dTq> **and** PR and Social Media Manager required to promote CUAN profile within the Community. <http://bit.ly/2wvdGax>



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### **VOLUNTEER 'DRIVERS' TO THE HOSPITAL**

Volunteers driver needed to travel from Bailieborough to Cavan General Hospital every morning and then return every evening to Baileborough. This will last approximately 2 – 3 weeks. *Contact Evelyn on 087 206 4445 or Email: [mcadams1310@gmail.com](mailto:mcadams1310@gmail.com)*

### **FOROIGE CAVAN**

**Volunteers required to assist with 'Youth Club'.** They will be required to get to get to know each member, build respectful relationships and create a good and safe atmosphere where the members can get involved and have fun. <http://bit.ly/2wghbpT>

### **BOUNCE BACK YOUTH SERVICE**

**Volunteers are required to support the running of a weekly youth club** in the areas of Ballyjamesduff, Virginia and Bailieborough. The club leader will receive training and ongoing support to assist in the facilitation of the youth club for one hour per week. <http://bit.ly/2foUuFN>

### **IRISH WHEELCHAIR ASSOCIATION CAVAN**

- a) **Volunteer Bus Drivers & Bus Escorts** required to collect Service Users from homes and bring to day centre, also dropping home. Bus escorts to accompany drivers on collections and drop offs. Need to be able to commit to weekly schedule. All training provided. <http://bit.ly/2tKSRvd>
- b) **Volunteer 'Hairdresser and Manicurist'** needed on the following proposed days Mondays and Tuesdays 11.30am and 12.30am or 2pm and 3pm. Must have experience in hairdressing and manicuring and must enjoy meeting and working with people. Contact the Cavan VIS on 086 038 7236 <http://bit.ly/2f0NjD5>



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## FAILTE ISTEACH - FOSTERING SHARED COMMUNITIES PROJECT



**Volunteers required for proposed Failté Isteach programme to commence in Cavan town and Ballyjamesduff from September 2017**

Fáilte Isteach is a community project involving volunteers welcoming migrants through conversational English classes. The project provides the necessary language skills to new migrants in a student-centred, welcoming and inclusive manner while involving older volunteers and recognising their skills, expertise and contribution to the community.

We hope to run the programme in Cavan Town on a Wednesday morning between 10am and 12 noon. We expect to have 15 participants and 10 - 15 volunteers. We plan to have the programme operational from mid to late September 2017.

We hope to run the programme in Ballyjamesduff on a Thursday morning between 10am and 12 noon. We expect to have 15 participants and 10 - 15 volunteers. We also plan to have this programme operational from mid to late September 2017.

The workshops will run in conjunction with the school term dates. Workshops will run once a week (morning) for two hours. (days/times to be confirmed) <http://bit.ly/2tzzULM>

## IRISH HEART FOUNDATION

**Volunteer Driver required** every Thursday 10am-2pm to drive attendants to Stroke Support Group in Tullacmongan, Cavan. In particular, a volunteer driver to transport attendee from Swanlinbar, even if only one way.

*Contact the Cavan VIS on 086 038 7236*

## FAIRGREEN GARDENS CAVAN

**Volunteers required to assist with gardening and conservation.** An interest in gardening and learning new skills would be great. 3 hours per week. Over 15ys please.

<http://bit.ly/2tWmGVr>



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### CAVAN ALZHEIMER SOCIETY

**Volunteers needed to assist in “Forget me Not Café”.** This is a safe comfortable environment where clients and their families come to socialise. Volunteer must be personable. Last Wednesday of every month from 11am to 12.30am in Castlemanor Community Centre Cavan. Over 18 please. <http://bit.ly/2t2fU3R>

### CAVAN CITIZENS INFORMATION SERVICE

**Volunteer Information Providers:** required to provide advice, information and support to the public for Cavan Citizens Information Service. 4 hours per week.

Over 18 please. <http://bit.ly/2tW47Av>

### BELTURBET COMMUNITY DEVELOPMENT ASSOCIATION

**Volunteers needed** to assist with promoting activities of the Railway Station complex in Belturbet , Giving tours and promoting by contact with active age groups and school associations. Monday – Saturday daily. <http://bit.ly/2tBlg35>

### BELTURBET DRAMA SOCIETY

Volunteer required to assist with Youth Drama while also working with Trainers and Supervisors. (3 times per week) Over 18 please. <http://bit.ly/2q2eWSG>

**TEMPLEPORT SOCIAL SERVICES, BAWNBOY, CO CAVAN** - Volunteers required to help at Day Care Centre 4-8 hours every 3 weeks. <http://bit.ly/2r1rs2Y>



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## BIG BROTHER BIG SISTER PROGRAMME CAVAN

### VACANCY: VOLUNTEER YOUTH MENTOR

Volunteer will share hobbies and interests to make a positive difference in the life of young people. This is a monitoring Programme that forms friendships between adult Volunteers and young person. Days & hours per Week: Monday – Sunday afternoons and evenings (2 hours per Week) <http://bit.ly/2qZA1uu>

*Volunteering as a big brother or big sister  
is a wonderful opportunity to make a positive difference  
in a young person's life in a simple yet powerful way.*

**CAVAN SOCIAL SERVICES, CATHEDRAL ROAD, CAVAN** - Volunteers required to come, help and join in activities for the active retired, gentle exercise, Tai Chi, Dancing, Crafts, Whist and the delivery of Meals on Wheels twice a week. <http://bit.ly/2q5B7FM>

## MUINTIR NA TIRE COMMUNITY ALERT



### VACANCY: CRIME PREVENTION AMBASSADOR

The Volunteer will visit a minimum of 6 older people to deliver crime prevention packs. Volunteer will work in pairs and will not be expected to visit anyone alone. Once off Volunteering opportunity to be carried out in a 2 month time frame. Days and hours per Week: Monday - Sunday afternoons and evenings. <http://bit.ly/2fSfv9I>



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### **NATIONAL ADVOCACY SERVICE FOR PEOPLE WITH DISABILITIES**

Volunteer required to support a young man who has Muscular Dystrophy and is currently housebound. He is looking for someone to come out one day a week to do some computer work with him. He also has a keen interest in history.

Contact: Elisha on Mobile No: 086 607 7244

### **CAVAN SCHOOL COMPLETION PROGRAMME CAVAN**

#### **VACANCY: HOMEWORK CLUB SUPPORT**

Volunteer will be involved in a homework Club for primary students, checking homework and engaging with early finishers. Minimum Contract - 6 Months - Days :Tuesday, Wednesday & Thursday Afternoons Hours per Week: 6 Hours. <http://bit.ly/2r1BsJC>

### **CAVAN COMMUNITY RESPONDERS CAVAN**

#### **VACANCY: TO BE ON CALL FOR MEDICAL EMERGENCIES**

Volunteers required to be on call for any medical emergency in their local parish town and to respond and help with equipment while an ambulance is on the way. You will have the opportunity to avail of an initial 3 hour course in the use of the equipment plus ongoing training every month for 2 hours or fortnight for one hour. Training will also be given in the use of Defibrillators and responding alongside the ambulance services to medical emergencies. Days and Hours: Flexible <http://bit.ly/2r1zmtk>

### **STEEPLES ESTATE CAVAN**

#### **VACANCY: MAINTENANCE**

Volunteers required to help maintain street areas. Duties will include sweeping, weeding, cutting grass and planting. DAYS & HOURS: Summer months. Monday-Saturday mornings inclusive. <http://bit.ly/2q3eJih>





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## HOME CARE ANGELS CAVAN

### VACANCY: FUND RAISING CO-ORDINATOR

Responsibilities: Motivating and facilitating supporters to maximise the funds they raise and inspiring new supporters to raise money, while maintaining and developing relationships with existing supports; organising traditional activities. <http://bit.ly/2q31j66>

For all your homecare needs in Cavan .We provide:

Day Care, Night Care ,Home Care, Household and Cleaning, and physical Disability Care. Advanced Bookings Available. Just give us a shout Now.

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**VISIT OUR WEBSITE AND REGISTER:**

**[WWW.VOLUNTEERCAVAN.IE](http://WWW.VOLUNTEERCAVAN.IE)**

**NB.** PLEASE REMEMBER TO **THANK YOUR VOLUNTEERS** FOR THEIR TIME

AND also to let Maria (VIS Coordinator) know if you have found a successful placement with one of our registered organisations by

Contacting: 087 097 6402 or by Email: [info@volunteercavan.ie](mailto:info@volunteercavan.ie).

Visit our Website: [www.volunteercavan.ie](http://www.volunteercavan.ie)

WayPaver's Award  
Afro in Diaspora Center

Book a Stall for Exhibition  
20<sup>th</sup>-24<sup>th</sup> November, 2017  
Cavan Library & Cavan Crystal Hotel  
Contact Stall Exhibition Manager  
Katarina Ngobeni [0879041591/info@adcenter-ireland.com](mailto:0879041591/info@adcenter-ireland.com)



@  
African-Caribbean History Month Ireland National Conference  
Africa Fashion Week Ireland  
African Caribbean Author 's Day Ireland



**National Conference**

African Caribbean History Month Ireland  
24th November 2017, Cavan Crystal Hotel, Dublin Road, Cavan  
Arrive@ 6:00 pm Start@ 7pm-12pm

Features:  
Way Paver's Recognition Award  
African Fashion Week Ireland  
African-Caribbean Authors Day  
Cavan-Meath Africa Film Festival  
Book Launch: Journey Behind the Red Door



We profile project positive image of  
African Caribbean living in Ireland

Contact Us: [info@adcenter-ireland.com](mailto:info@adcenter-ireland.com)/ 0877718719/0871043510